



DA Peninsula Dragonflies

Dragon-boating for Breast Cancer Survivors



Come & try dragon-boating!

Why we paddle.....

- to affirm that breast cancer brings about a change in life, not always an end to it.
- to learn to trust our bodies again and to see ourselves as vital, healthy women.
- to motivate ourselves and each other as a team to exercise a healthy lifestyle.
- to work together as a team and to win our race by sharing the commitment of preparation.
- to support Dragons Abreast Australia in their aims to promote breast cancer awareness, education and to encourage the search for a cure.
- to have fun, laugh a little and enjoy each other's support and friendship.

**Our club is located at the
Patterson Lakes Canoe Club,
Launching Way, Carrum.
We paddle on the Patterson River and the
tranquil Patterson Lakes.**

Interested?

Contact DAA on 1300 889 566
or email peninsula@dragonsabreast.com.au
and join us for a guest paddle one
Saturday morning soon!

Friends & Supporters also most welcome!

We train you We support you We believe in you!

